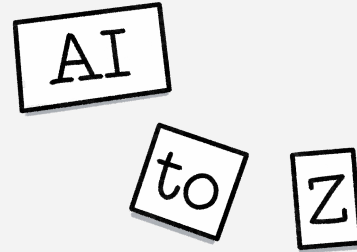


AI TO Z

BETA VERSION

Come up with phrases to describe the way AI is changing our lives and learning.

- 1 **Seed:** Ground the group in a few example terms from the AI TO Z GLOSSARY handout.
- 2 **Generate:** Brainstorm phrases and concepts.
- 3 **Exchange:** Share and develop ideas through rounds of pair shares.
- 4 **Document:** Surface and record the group's terms.
- 5 **Reflect:** Talk about experiences with the terms and concepts shared.



AI technologies are changing our lives, but it can be hard to see, or describe, or talk about. **WHAT IF WE COULD CREATE NEW WORDS TO DESCRIBE HOW LIFE IS CHANGING AS A RESULT OF GENERATIVE AI?** This practice brings people together to coin terms for the cultural shifts AI is creating. The act of naming is, itself, an intervention: it makes the invisible visible, gives us shared language, and opens up conversations that we might not otherwise have.

PURPOSE

This practice helps participants surface and name the often-invisible ways AI is reshaping culture, relationships, and everyday human experience. It validates our experience by helping us see we're not alone. It helps us make sense of our experiences by turning vague feelings into phrases and concepts we can examine and discuss. And it opens up conversations about the ways these technologies are shaping our lives and learning.

WHEN TO USE THIS PRACTICE

This practice works well as a standalone workshop (45 minutes) or as a part of a larger session (see **VARIATIONS** below). It works especially well after practices like [MAKING AI PRESSURES VISIBLE](#), which surfaces experiences of secrecy and pressure around AI use, and with [ALIGN ON THE LINE](#), which explores where people draw ethical boundaries. It's especially effective at seeding a shared vocabulary that can be used as a group's relationship and experiences with AI deepen. The practice works well in groups as small as 5 and as large as 50, and can be adapted for in-person or hybrid settings.



STEPS

- 1 Anchor in a few example terms.** Show 3–4 example terms from the **AI TO Z GLOSSARY** that you feel will resonate with your group. For each, read the term name, a short definition, and an example sentence. Mention that terms often carry different emotional valence. For example, *chatplomacy*, which means using AI to soften your tone, might be seen as positive in some contexts and negative in others.
- 2 Generate ideas.** Participants work individually to generate terms or concepts on individual index cards or slips of paper with the term on one side and the definition on the other, using [brackets around terms] where they're unsure. Aim for 5-10 minutes, and at 2-4 terms per person.
- 3 Exchange ideas.** Have participants pair up with another person, each sharing at least one term they came up with. Aim for 4 minutes (2 minutes per person), and repeat up to three times with new partners, if timing allows.
- 4 Document terms.** Bring the group back together and invite participants to share terms that came up in their conversations — either a term they came up with or heard about. As terms are shared, document them on a whiteboard (physical or virtual). You don't need to hear from everyone, the goal is to surface a rich set of terms from the collective.
- 5 Reflect.** Invite reflections from the group. Useful prompts include [SEE, THINK, WONDER](#) or [I USED TO THINK, NOW I THINK](#). Alternatively, you can simply invite an open-ended reflection: “*How did it feel to come up with these terms?*” Try to protect time for this closing reflection, it can be where some of the deepest insights emerge.

VARIATIONS

Poster Session Extension: Have participants pair up and create a poster to refine the term, definition, and example sentence. If you want each pair to define a unique term, give each pair a single dot sticker and have them place the dot on the board for a single term they want to explore. They can play rock, paper, scissors to battle it out for terms.

Circle Conversation Extension: Instead of the reflection step above, sit in a circle and go around the group, inviting each person to respond to one of the following three questions (or pass): (1) *What word or concept is especially sticky for you? Why do you think it is?* (2) *What was challenging or liberating to you about the AI to Z process? Say more.* (3) *How did your thinking change or how was it reinforced/deepened through today's conversations?*

TIPS

Select seed terms from the **AI TO Z GLOSSARY** that will resonate with your group. Have materials available to facilitate making thinking visible: set up your online whiteboard ahead of time (if you're using one) or pass out markers and index cards or blank slips of paper. Timing for each step is flexible. We recommend a *minimum* of 30 minutes: Anchor (5m), Generate (5m), Exchange (10m), Document (5m), Reflect (5m), with an ideal length of 60 minutes: Anchor (10m), Generate (5m), Exchange (15m), Document (15m), Reflect (15m).