

DEIA ADVISORY

DESIGNING FOR DIGITAL WELL-BEING: FROM CODE TO PRACTICE

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CENTER FOR
— DIGITAL
THRIVING



ABOUT ME

- Interim Chief Tech Officer at Facing History & Ourselves, leading IT, CRM, and Digital
- Led the redesign of facinghistory.org;
- Leading with curiosity, not certainty



**What if digital products were
designed for well-being and agency,
not just engagement?**

REFLECTION

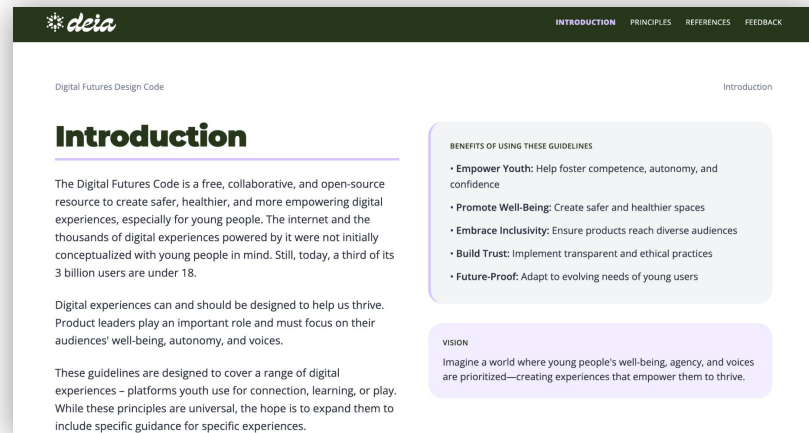
- Pause with me. Think of one digital platform or app you use daily.
- If it centered your well-being, agency, and trust, what would feel different? Think of one word.
- Share aloud or in chat.



DIGITAL FUTURES CODE

The Digital Futures Code translates research from 5Rights Foundation, UNICEF, the Center for Digital Thriving into a framework for designing digital spaces where youth can thrive.

It's about connecting policy with practice by centering well-being, agency, inclusion and trust in design.



DIGITAL FUTURES CODE

1

Safeguard Privacy & Security

Design systems that protect data and prioritize safety by default.

2

Support Mental Well-Being

Reduce cognitive overload and emotional harm; promote balance and belonging.

3

Develop Digital Literacy

Support the development of digital literacy for your users.

4

Engage Youth in Co-Design

Involve youth as collaborators, not subjects, in building digital experiences.

5

Build Trust through Transparency

Make data use, design choices, and algorithms visible and understandable.

6

Foster Inclusivity

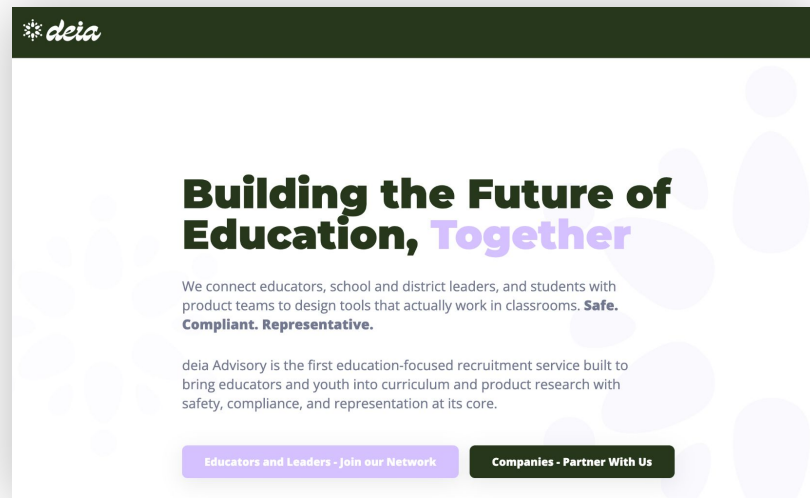
Design for diversity of identity, ability, and context.



ADVISORY

deia Advisory connects educators, school and district leaders, and product teams for safe, compliant, and representative research.

Bridging classrooms and design rooms to ensure education technology is built with educators and students at their core.



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FROM THE CENTER FOR DIGITAL THRIVING.

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