

## , PERSONAL/GROUP REFLECTION GUIDE

A guide you can use to either lead a group discussion or do some solo thinking about at the start of a project where you want to involve youth.

Source: This resource is modified from materials developed by **Dr. Ahna Suleiman**.

## LOOKING AT OURSELVES

What factors do we need to be aware of in our organization or broader context that could impact youth engagement? Consider *reputation*, *budgets*, *timelines*, *work culture*, *team composition*, etc.



What existing power structures or belief systems might be disrupted by inviting youth into our work?



What superpowers do we have that could help support us in doing youth engagement well?



What capacity-building do we need to do internally to be ready to engage youth well?

The Youth Voice Playbook: Involving Youth in Research is brought to you by:



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## LOOKING AT OUR PROJECT





What do we want to learn from the young people we engage?



How will young people benefit from being involved in our project?



Who are the youth we want to engage? Consider *age*, *critical demographics*, *life experiences*, *language spoken*, etc. Why are those the youth we want to talk to?



What existing skills or knowledge do the youth need to bring to participate in the project well?



What skills or knowledge do we need / want them to develop through participating in the project?



What is the "job description" for youth involved in our project?

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