# **CLIP Student Well-Being Consultant**

### Responsibilities

- Assist in planning and facilitation of summer CLIP trainings as needed and requested by C-Lab staff
- Provide periodic recorded or written resources for CLIPsters on wellbeing topics such as mindfulness, stress management, self-care, etc.
- Develop 2-4 trainings for C-Lab staff on the following topics:
  - Supportive listening and de-escalation of intense situations
  - Mandatory reporting
  - o Recognizing when to refer to professional services
  - o Proactive wellness tactics (e.g. mindfulness, stress management, etc.)
- Attend twice-monthly hour-long meetings with C-Lab team to provide thought partnership on questions and concerns that arise throughout the year
- Respond to C-Lab staff questions and concerns via Slack or email
- Work with C-Lab staff to compile local resources that could provide support to CLIPsters if needed
- If referred by C-Lab staff, talk directly with CLIPsters via Zoom or email
  - Help C-Lab staff refer struggling CLIPsters to local resources in their area to provide additional followup or intensive support. If deemed necessary to tell students' parents or school, provide information for that conversation.
  - Provide support to CLIPsters with college applications, essays, and letters of recommendation as needed

#### Qualifications

- MSW or equivalent degree
- M.Ed. in School Counseling or equivalent program
- Experience working with high-school age youth, especially students from disadvantaged backgrounds

#### Estimated hours

- Flexible, based on student needs
- Estimated average of 2 hours per week / 8 hours per month

## Character LAB